Message from the Principal...

Dear Bell Families-

The focus of the March 2020 Newsletter is simple: to provide you with one document that contains the most important links and information that we have currently to navigate this quickly changing world we are attempting to navigate. While we would all rather be seeing our students every day, please know that our staff is committed to giving our students the tools to continue growing and learning, regardless of where they are. With that, we are scheduling virtual meetings with our teams after Spring Break to learn from one another and adjust as we go.

I know that technical issues are the source of some people’s stress. If you are having tech problems or need a device, please fill-out the Tech Issues Form. If you are having trouble with your home internet, we cannot help with that; you have to contact your provider. One trick you can try before calling the provider is to unplug your router for about a minute and plug it back in. Then, give it time to reconnect.

continued...
Message from the Principal, continued...

We also recognize that other forces are at play that may not have existed two weeks ago but are now having a significant impact on some of our students and their families. With the dramatic change in commerce as a result of social distancing, some families are likely now experiencing layoffs and possibly food and home insecurity. This can take a significant toll on our kids and families. We will be providing social/emotional lessons after break. Additionally, our counselors (Ms. Jelinkek, Ms. Leigh, Mr. Irwin, and Ms. Ballweg), social/emotional learning specialist (Mr. Hahn), and social worker (Ms. Duncan) have also done a tremendous job putting together ways to communicate with them, as well as have been reaching out to students and families, as needed. That information is also linked into this newsletter. As always, please continue to check the Bell website with the most updated information.

In closing, it is important to remember to take care of yourself and each other. Together we are better; together we are Golden. Have a wonderful Spring Break!

Truly,
Michele DeAndrea Austin, M.A.
Principal
Bell Middle School
FROM OUR SOCIAL EMOTIONAL LEARNING SPECIALIST:

Due to the district Covid-19 response, we will be supporting you remotely until further notice. Feel free to email me with any questions, concerns or needs. I am happy to help support your needs and direct you to appropriate community resources as needed. My office hours will be from 9am-3pm. I will be checking these messages regularly. You should expect to receive a response within 24 hours. You can also access the Social Emotional Learning Specialist (SEL) Request Form here.

If you or someone you know is in crisis, please dial 911 or call the Colorado Crisis Hotline at 1-800-273-8255.

For more information on our Covid 19 response, please visit our site here:
https://www.jeffcopublicschools.org/cms/One.aspx?portalId=627965&pageId=14224600

Josh Hahn, LCSW, CAC III
Social Emotional Learning Specialist (SELS)
Bell Middle School
303-982-4295
FROM THE COUNSELING DEPARTMENT:

**Teachers of 6th graders:**

- Mrs. Jelinek has a Google classroom---join code on Counseling website and on the staff list.

- Please upload this [6th Grade Counselor Request Form](#) to your Google Classroom if you have any 6th graders in your classroom. Jelinek has it posted in her google classroom too, but the more places posted, the better.

**Teachers of 7th graders:**

- Mrs. Leigh has a Google classroom---join code on Counseling website and on the staff list.

- Please upload this [7th Grade Counselor Request form](#) to your Google Classroom. Leigh has it posted in her google classroom too.

**Teachers of 8th graders:**

- At this time, may we ask you to do two things for us? Please post this [8th Counselor Request Form](#) on your Google Classroom. We’d like to ensure all 8th grade students know how and where to connect with the 8th grade Counselors for mental health and academic support.

- Second, we’d love to support you in this virtual learning journey so we’ve created an [8th Grade Virtual Tracking Form](#). We hope this form will help all of us keep track of students and actions we’ve taken to ensure they are getting the support they need.

**Resources for Student Wellness** – While we enter a time of uncertainty, we want to make sure that you all practice self-care! Here are some ideas and free information to help out:

*continued...*
FROM THE COUNSELING DEPARTMENT, continued...

Student Support and Self Care

- Take time for yourself.
- Stay in the present.
- Do what helps you feel safe.
- Stay connected.
- Take time to talk.
- Keep things in perspective.
- Separate what is in your control and what is not.
- Get the facts from a credible source.
- Keep yourself healthy.
- Relax.
- Pay attention to your body, feelings, and spirit.
- Get outside

Please click on the links below for articles and flyers that we would like to share with you:

Protecting Your Mental Health During the Coronavirus Outbreak (quick article)

Coping with Stress During Infectious Disease Outbreak (quick article)

Building Resiliency During Stressful Times (document)

Coping Skills Flyer- Indigo Daya (document)
Hello 8th Grade Class Parents,

Just a reminder that Bell’s gorgeous 8th graders took their Class Panoramic Pictures prior to our remote learning transition. Here is a sample of just ONE of the photos taken that day:

![Class Panoramic Picture](image)

The deadline to order the pictures without a late fee is this Sunday, March 22nd. For online ordering, please go to [http://bit.ly/BestClassPicture](http://bit.ly/BestClassPicture). Students also received order forms at the picture and we are attaching a PDF order form as well for your convenience.

**BEST CLASS PICTURE ORDER FORM**

Be sure to capture these memories before it’s too late!
<table>
<thead>
<tr>
<th>Name</th>
<th>Location/Phone</th>
<th>Type</th>
<th>Description</th>
<th>Area Served</th>
<th>Cost</th>
<th>Days/Hours</th>
<th>Access</th>
</tr>
</thead>
<tbody>
<tr>
<td>His Provision</td>
<td>705 Ullyss St, Golden 303-279-3663</td>
<td>Food Pantry</td>
<td>Perishable/non-perishable food items; CFSIP &amp; TEFAP distribution site</td>
<td>Golden area</td>
<td>None</td>
<td>Monday, 1-3:30 and Th, 10:2-3:30 CFSIP, TEFAP</td>
<td>Walk-in</td>
</tr>
<tr>
<td>Golden Rescue Fund</td>
<td>Golden PD 911 2nd St, Golden 303-279-2188</td>
<td>Emergency Food Bags</td>
<td>Travel bags of food &amp;/or Safeway cards; one time only for non-residents, 1 x 6 mo. for residents</td>
<td>Golden and surrounding area</td>
<td>None</td>
<td>M-F, 8-5 (church referrals), 7 days a week at Golden PD</td>
<td>Return from church or CAG M-F, Walk-in on weekends</td>
</tr>
<tr>
<td>Christian Action Guild (CAG)</td>
<td>1401 Ford St, Golden 303-370-5074</td>
<td>Food Pantry</td>
<td>Shelf stable and fresh food/pouches, 1 x month plus overstock between visits; options for non-residents</td>
<td>Golden, 80-401 and 80440</td>
<td>None</td>
<td>T 10:30-5:45, W 9:3-2:30, F 10:30-2:30</td>
<td>Walk-in</td>
</tr>
<tr>
<td>Calvary Food Shelf</td>
<td>Calvary Church 1300 Arapahoe St, Golden 303-279-2188</td>
<td>Food Pantry</td>
<td>Shelf stable food, some fresh food items, KS or Safeway card, 1 x month for residents; other options for non-residents</td>
<td>Golden, 80-401 and 80440, primarily west of Indiana/1-70</td>
<td>None</td>
<td>M, T, W, Th, F, 9-10-5, Sat, Sun, if needed</td>
<td>Walk-in</td>
</tr>
<tr>
<td>GoFarm CSA’s (Containers at Coors Tek downtown and Centura Health in south Golden)</td>
<td>600 8th St, Golden 720-580-2276</td>
<td>Local Food Shares</td>
<td>Fresh local produce available weekly during the local growing season</td>
<td>Golden area</td>
<td>Prices vary, accept SNAP and EWP</td>
<td>Coors Tek Th 3:30-5:30 pm and F 8-10 am; Centura W 3:30-6:30 and F 2-10 am</td>
<td>Sign-up, purchase</td>
</tr>
<tr>
<td>Jeffco Public Schools - Summer Food Program</td>
<td>A Golden area school - location varies each year</td>
<td>Meal</td>
<td>Lunch is provided over the summer for several weeks</td>
<td>Golden area</td>
<td>None</td>
<td>M, F, Lunch</td>
<td>Walk-in, kids 18 and under</td>
</tr>
<tr>
<td>Jeffco Public Schools - Free and Reduced Lunch</td>
<td>Golden area schools</td>
<td>Meal</td>
<td>Lunch is provided to students who meet income guidelines</td>
<td>Golden area</td>
<td>None</td>
<td>M, F, Lunch</td>
<td>Register through school</td>
</tr>
<tr>
<td>Golden Backpack Program - Weekend Sacks</td>
<td>Golden area schools 720-608-5828</td>
<td>Food Bags</td>
<td>Bags of food are sent home to students in need</td>
<td>Golden area schools</td>
<td>None</td>
<td>Weekly bag</td>
<td>Hungry Kids identified by parents and/or school staff</td>
</tr>
<tr>
<td>CSM Food Pantry – Blaster’s Basket</td>
<td>Student Center 1520 Maple St, Golden</td>
<td>Food Pantry</td>
<td>Pantry, including shelf stable and fresh foods</td>
<td>CSM students</td>
<td>None</td>
<td>M-Sat, 9 am 11:30 pm Sunday 10-11:30 pm</td>
<td>Walk-in</td>
</tr>
<tr>
<td>CSM – Fighting Hunger at Mines</td>
<td>Various sites on campus</td>
<td>Mobile food distribution</td>
<td>Group members get food from the GFP Fresh Food Co-op and GoFarm, and distribute it on campus to students in need</td>
<td>CSM students</td>
<td>None</td>
<td>M and F, mid-day</td>
<td>Walk-in; info on locations, times via Facebook posts</td>
</tr>
</tbody>
</table>

Food Resources in the Golden Area - March 2020
<table>
<thead>
<tr>
<th>Organization/Church</th>
<th>Food</th>
<th>Grocery Cards</th>
<th>Travel Bags</th>
<th>Clothing/Bedding</th>
<th>Rent</th>
<th>Utilities</th>
<th>Bus Passes</th>
<th>Gas</th>
<th>Rx</th>
<th>Medical</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Salvation Army Golden SEU Calvary Church 1320 Arapahoe St. M-Th, 9:30-5 (call for appointment, 303-270-2180)</td>
<td>Access to the Calvary Food Shelf is available in addition to the other assistance</td>
<td>Travel type food, 1-2 bag(s) per person based on need</td>
<td>Socks – anytime needed (available at Calvary)</td>
<td>$500 or – once every 12 mo.</td>
<td>$300 or – once every 12 mo.</td>
<td>$250/year, more if needed – vouchers from Faith Lutheran Church</td>
<td>Co-pays, other needs, amount varies</td>
<td>e.g. home or car repair, Back-to-School shopping in August</td>
<td></td>
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</tr>
<tr>
<td>Golden Rescue Fund - referral slip taken to Golden FD (need I.D.), residents once/6 mo., non-residents 1 time; if no I.D., send to Calvary Church 1320 Arapahoe St. M-Th, 9:30-5</td>
<td>Access to the Calvary Food Shelf is available – shelf stable and fresh food items</td>
<td>Travel type food, 1-2 bag(s) per person based on need</td>
<td>1-2 or more based on need</td>
<td>$25 gift card</td>
<td>Up to $75</td>
<td>e.g. car repair, glasses</td>
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</tr>
<tr>
<td>Christian Action Guild (residents can access food once every 30 days, can get a blue slip for overstock between visits) 1601 Ford St. T 10-6:45, W 9-3:30, F 10-3:30</td>
<td>Fresh and shelf stable items, detergent (once/3 mo.); pantry closes at 2:30 on W, F</td>
<td>Travel type food, 1 bag per person every 2 weeks</td>
<td>Thrift shop with clothing and household items</td>
<td>Only available for regular clients – 6 mo. or more</td>
<td>Only available for regular clients – 6 mo. or more</td>
<td></td>
<td>Back to school and shoe gift cards in August</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Golden First United Methodist Church 1500 Ford St. M-Th, 9-1</td>
<td>Golden Community Table – meal Tl, 11-12:30</td>
<td>Snack food when available</td>
<td>Closet w/ various items, toiletries, sleeping bags/blankets when available</td>
<td>1/mo. when available</td>
<td>Medical equipment to borrow</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Golden Family of Churches Health Ministries (check w/ Faith Lutheran Church 303-270-5379)</td>
<td>Hands Automated/ Hands of the Carpenter 1609 S. Golden Rd. 303-526-4460, M-Th, 9-5</td>
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Assistance Available in Golden – March 2020
**CRCC Coding Competition is open to ALL Bell Students!**

Students work at their own pace to learn coding concepts through a fun video game interface.

The Cyber Robotics Coding Competition is an engaging, fun online coding competition where students learn to program a virtual robot to navigate obstacle courses and collect power packs.

Bell students can compete against one another AND our school will be competing against other schools across the country. Last season, we sent two teams to the Mountain Regional Finals in Las Vegas, Nevada and took home FIRST PLACE! Go Colorado!

Now that we are learning from home, this is the PERFECT opportunity to fill some of that time with a fun, educational computer programming challenge that will build coding skills and help us all feel a little more connected in the upcoming weeks.

More information about the competition: [https://crcc.io](https://crcc.io)

Students can join using their Jeffco Google login at this link: [https://play.gocoderz.com:443/login/#/joinclass/granularlibrary](https://play.gocoderz.com:443/login/#/joinclass/granularlibrary)

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The experience is completely free – no log-ins, credit cards, or passwords required. Just click, stream and listen.
Looking for something for you and your children to do during Spring Break? The Golden School’s Foundation has you covered!

Golden Schools Foundation Teacher Awards

Golden Schools Foundation Teacher Awards
Every year, the Golden Schools Foundation (http://goldenschoolsfoundation.org/) awards two Golden-area teachers with a Teacher Recognition Award (click here for past winners). They receive $1,000 to spend in their classrooms, and a beautiful crystal apple to recognize them for their amazing contributions to our schools. Golden Schools Foundation is currently accepting nominations from parents, students, principals, teachers or other staff members. Nominations are due April 7.

If you have questions, feel free to contact the Golden Schools Foundation at chair@goldenschoolsfoundation.org.

Click one of the below links to access the nomination form either online or pdf format:
- Click Here for the 2020 Teacher Recognition Form (pdf format)
- Click Here for the Golden Schools Foundation - Online Teacher Recognition Form 2020

NOTE: this award isn’t limited to teachers that serve in the classroom, but is also for other school staff that play large roles in our children’s education. For example a DTL (Digital Teacher Librarian), AMP Teacher, SELS (Social Emotional Learning Specialist), Principal, Secretaries, Special Education Team Member, etc.

continued...
Golden Schools Foundation Teacher Recognition Awards

Nominations due by April 7, 2020

Do you know a special teacher who demonstrates a contagious enthusiasm for teaching and learning? Are they someone who regularly inspires all students to take on new challenges and to recognize their full potential? Have you met a teacher who thinks outside the box and advances new approaches to teaching and learning?

Golden Schools Foundation is holding the 9th annual Golden Teacher Recognition Awards to reward and encourage excellence in teaching at our articulation schools. These Golden schools include Kyffin, Mitchell, Ralston, Shelton and Welchester Elementary, Bell Middle, and Golden High School.

The two winning teachers will be awarded $1,000 each to be spent in their classroom for supplies, a crystal apple, and recognition at their school. They will also be acknowledged in local press/newspapers among the Golden community. Winning teachers will also be featured on our website showcase of winners.

Award Criteria & How to Nominate:

Write a one-page letter showing how the teacher you wish to nominate demonstrates the following criteria. Please provide one or more examples for each category and include the teacher’s name, their school, grade/subject they teach, and your name and connection to the school.

- **(REQUIRED) Innovative and effective teaching methods** that demonstrate critical and creative thinking. Give examples of how the teacher uses imagination, innovation, and ingenuity to teach.

- **(REQUIRED) Commitment to all of their students** that goes above and beyond official job requirements. Show how they advocate for the needs of their students.

- **(OPTIONAL) The ability to work collaboratively with colleagues** to create a positive school environment. Please illustrate the teacher’s collaboration with peers & ability to lead by influence.

Who Can Nominate:

Parents, students, principals, or other staff members may nominate a teacher. Teachers can be nominated more than once, and group nominations of one teacher are also accepted.

*Previous winners cannot be nominated again. You can see a list of previous winners at [http://goldenschoolsfoundation.org](http://goldenschoolsfoundation.org).*

All nominations are due by 5pm (MST) on April 7, 2020. Applications past this time and date will not be considered. Winners will be announced the week of May 4, 2020 (Teacher’s Appreciation Week)

Choose one of the following options for submitting your nomination:

1. Send a PDF via email to tsmith@diversifiedbldrs.com and also copy chair@goldenschoolsfoundation.org.